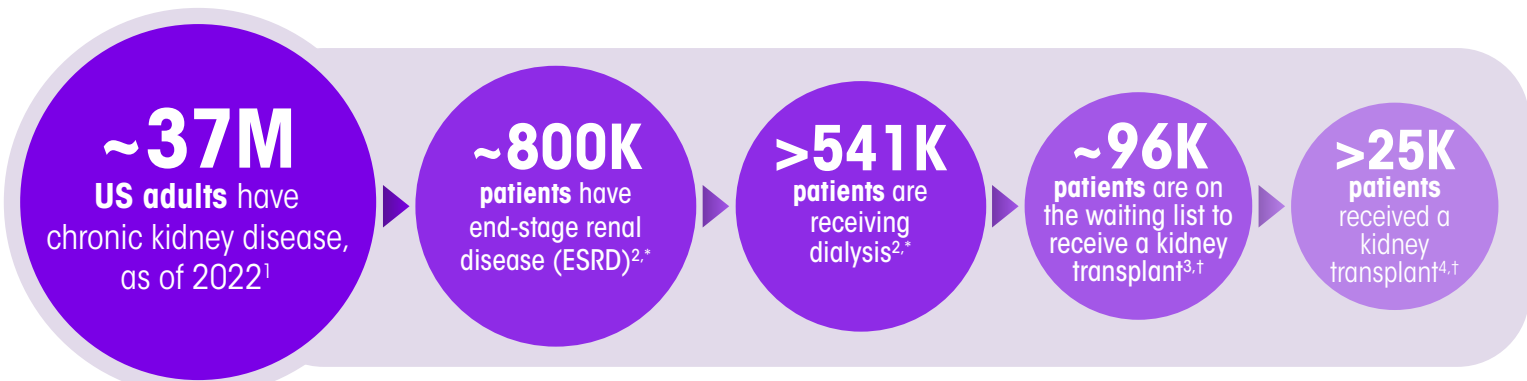


IMPROVING EFFICIENCIES IN YOUR LIVING DONOR PROGRAM



The Advancing American Kidney Health (AAKH) Initiative aims to **double the number of kidneys available for transplant by 2030**, through strategies such as increasing available options for individuals in need of kidney transplants and reducing financial barriers to living donation.⁵

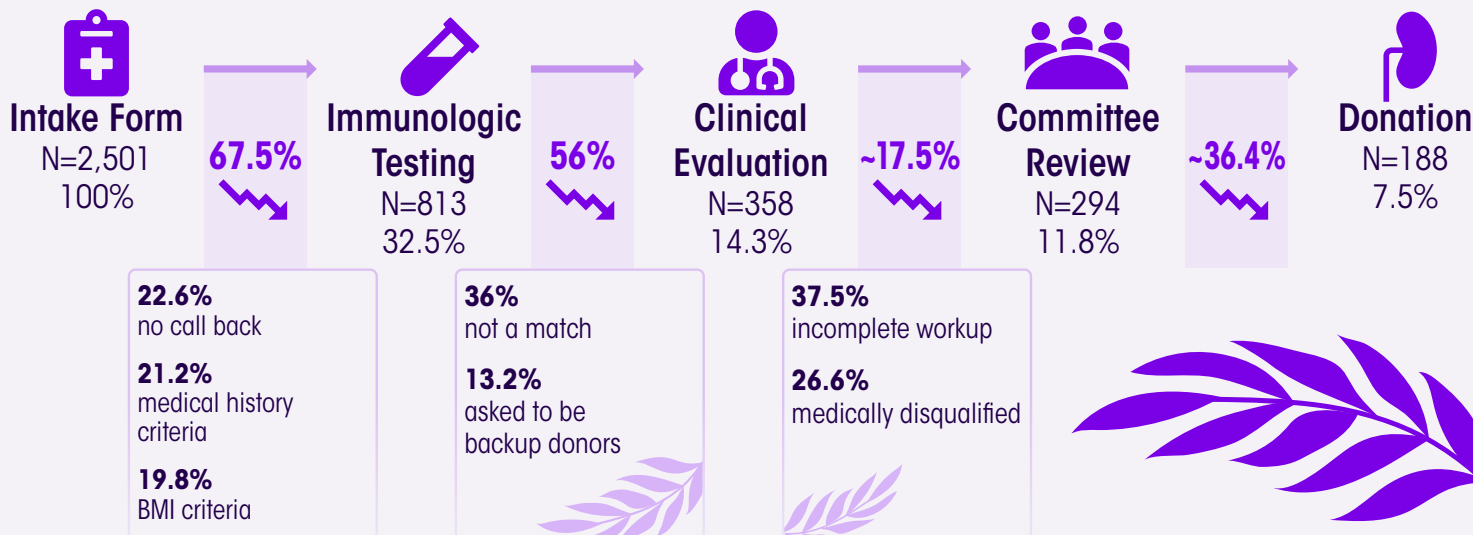
Living donation has remained flat over the past few decades³

- ▶ In 2021, living donors only contributed approximately **23%** of all transplanted kidneys in the US⁶
- ▶ According to a single-center, retrospective study evaluating living kidney donor (LKD) intake forms from 2016-2019, **6 LKD applicants** were needed to achieve **1 successful donation**⁷

REAL-WORLD EXAMPLE OF THE LKD EVALUATION PROCESS^{7,‡}



Potential donors who completed each step



FEW POTENTIAL LIVING DONORS MAKE IT TO DONATION.⁷



ONLY 7.5% of those who start the living donor evaluation process make it to donation.⁷

*As of 2021.² †As of 2023.^{3,4} ‡From a single-center study of data obtained from Cleveland Clinic's Living Kidney Donor intake forms between December 23, 2016, and December 31, 2019. During these 3 years, 3,001 intake forms were submitted; after exclusion of 500 (duplicate/test entries or for intended recipients who were not active on the Cleveland Clinic kidney transplant waitlist), 2,501 intake forms were eligible for evaluation.⁷

BMI, body mass index.

HOW TO INCREASE LIVING DONATION: ONE LIVING DONOR COORDINATOR'S EXPERIENCE

Between 2016-2020, one center averaged ~20 living kidney donors per year^{8...}

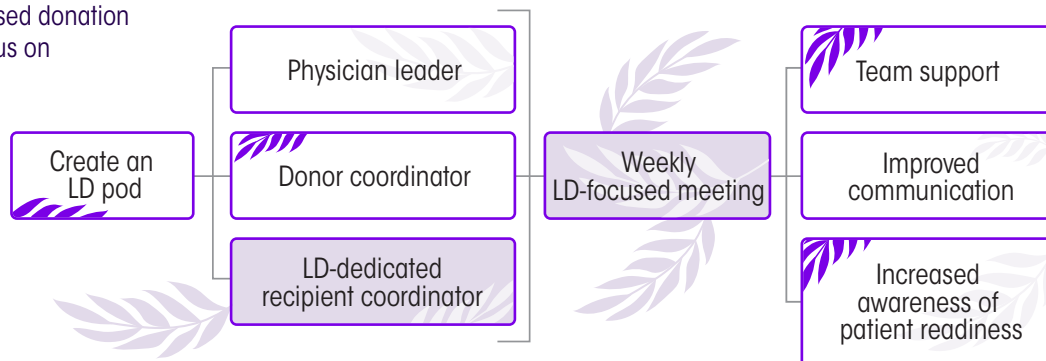
Transplant centers may expand their living donation programs using recommended strategies

STEP 1 Create a living donor culture⁸

Challenge | Primary focus on deceased donation

Strategy | Change philosophy to focus on living donation

Living Donor (LD) Team ▶



STEP 2 Expand service capabilities through collaboration^{8,9}

Challenge | Weak relationships with referring community and advocacy organizations

Strategy | Partner with an exchange program and the community to provide the following services



Online registration portal



Kidney paired exchange



Remote donation



Access to donor mentor



Donations through the voucher program



Robust outreach program

STEP 3 Streamline the living kidney donor evaluation process^{7,8}

Challenge | Extensive donor evaluation process

Strategy | Create a positive experience for the donor

Return call within 24 hours of referral

Schedule appointment within 2 weeks of initial referral

Conduct 1-day donor evaluation with expedited review of results

Provide resources and support (eg, access to mentor)

Expand intake and selection criteria

Broaden insurance acceptance

STEP 4 Incorporate innovative surgical strategies^{8,10}

Challenge | Donor preference for less invasive procedures and rapid recovery

Strategy | Implement the following innovative surgical strategies



Robotic donor nephrectomy



Single-port donor nephrectomy



Enhanced Recovery After Surgery (ERAS) protocol

...After implementing new strategies, referrals increased 2-fold, and living donor kidney transplants increased 4-fold^{8,*}

*There were 909 referrals in 2020 and 1,793 in 2022. Living donor kidney transplants increased from 16 per year in 2020 to 65 per year in 2021.⁸

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